

TRACEN Petaluma Haley Hall Dining Facility

02FEB26 - 08FEB26

| 6 | BREAKFAST | Calories | LUNCH | Calories | DINNER | Calories |
|---|---|---|--|---|--|---|
| M O N D A Y | FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CHICKEN SAUSAGE LINKS PORK SAUSAGE LINKS BREAKFAST LATKES WAFFLES W/ BUTTER & SYRUP BACON AND CHEESE QUICHE | VARIABLES 110 VARIABLES VARIABLES 78 180 180 151 210 320 | CHICKEN AND RICE SOUP SEARED SALMON PAPRIKASH CHICKEN RICE PILAF ROASTED RED POTATOES GRILLED EGGPLANT SAUTEED BRUSSEL SPROUTS <u>PLATED ALTERNATIVE</u> GRILLED CHICKEN W/ QUINOA SALAD (VEGETARIAN ALT.) | 220 220 300 200 120 120 30 350 | KOREAN SPICY PORK LO MEIN NOODLES CALROSE RICE STEAMED EDAMAME SWEET CHILI BOK CHOY | 350 214 325 150 77 |
| T U E S D A Y | FRESH FRUIT OATMEAL ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS BACON / PORK SAUSAGE PATTIES HASH BROWNS FRENCH TOAST W/ BUTTER & SYRUP BISCUITS & SAUSAGE GRAVY | VARIABLES 158 VARIABLES VARIABLES 78 92/180 180 151 210 | MEXICAN STREET CORN SOUP CHIPOTLE CHICKEN PORK CARNITAS W/ TORTILLAS FRIJOLES DE OLLA CILANTRO LIME RICE ELOTE ASADO (CORN) COTIJA ROASTED MEXICAN VEGETABLES TOPPINGS BAR <u>PLATED ALTERNATIVE</u> NACHO BAR | 110 275 300 180 211 302 110 VARIABLES 350 | SPAGHETTI & MEATBALLS ROASTED FINGERLING POTATOES STEAMED BROCCOLINI ITALIAN BLEND VEGETABLES GARLIC BREAD | 500 135 120 165 92 |
| W E D N E S D A Y | FRESH FRUIT HOT GRITS ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS GRILLED SPAM / CORNED BEEF HASH STEAMED CALROSE RICE HOME FRIES BLUEBERRY PANCAKES CORNED BEEF HASH BUTTER & SYRUP | VARIABLES 142 VARIABLES VARIABLES 78 180 110 210 355 133 | COCONUT LENTIL SOUP JAMAICAN BEEF STEW JERK CHICKEN STEAMED JASMINE RICE RASTA PASTA CARIBBEAN BLEND VEGETABLES TANGY KALE NAAN BREAD <u>PLATED ALTERNATIVE</u> SEARED SALMON W/ ROASTED ROMANESCO | 300 450 335 165 298 50 35 80 350 | BLACKENED CHICKEN W/ CREOLE SAUCE STEAMED WHITE RICE CARROT ALMONDINE ROASTED ASPARAGUS CORNBREAD BUTTERMILK BISCUITS | 395 280 241 41 121 210 |
| T H U R S D A Y | FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS BACON / SPICY SAUSAGE LINKS GOLDEN HASH BROWN PATTIES BUTTERMILK PANCAKES BREAKFAST SANDWICHES | VARIABLES 110 VARIABLES VARIABLES 78 92/180 180 151 210 | CREAMY PESTO CHICKEN AND GNOCCHI SOUP GRILLED CHICKEN W/ LEMON & GARLIC BUTTER SHRIMP SCAMPI HERBED PASTA WILD MUSHROOM RISOTTO ROASTED CAULIFLOWER ITALIAN BLEND VEGETABLES GARLIC BREAD <u>PLATED ALTERNATIVE</u> BIMBAP (VEGETARIAN ALT.) | 310 380 275 367 289 110 85 78 350 | GRILLED TRI-TIP CHIMICHURRI SAUCE CILANTRO RICE PATATAS BRAVAS BROCCOLINI W/ LEMON CRUMBS RAINBOW BABY CARROTS FRENCH BREAD | 350 225 214 110 150 77 |
| F R I D A Y | FRESH FRUIT OATMEAL ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS CHICKEN SAUSAGE LINKS PORK SAUSAGE LINKS POTATOES O'BRIEN FRENCH TOAST W/ BUTTER & SYRUP BREAKFAST BURRITOS | VARIABLES 158 VARIABLES VARIABLES 78 180 180 151 210 320 | SHRIMP BISQUE CATCH OF THE DAY GRILLED NY STRIP RISSOLE POTATOES HERBED SAFFRON RICE CANDIED GINGER ROOT VEGETABLES YELLOW SQUASH PROVENCAL STEAMED CRAB LEGS | 410 VARIABLES 704 242 230 35 55 VARIABLES 350 | ALICE SPRING CHICKEN BUTTERED EGG NOODLES ROASTED SWEET POTATOES CREAMED SPINACH BRAISED BRUSSEL SPROUTS HOT DINNER ROLLS | 310 180 400 186 160 80 |
| S A T U R D A Y | FRESH FRUIT HOT GRITS ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS BACON / MAPLE PORK SAUSAGE LINKS HASH BROWNS BUTTERMILK PANCAKES | VARIABLES 142 VARIABLES VARIABLES 78 92/180 180 151 | EGGS & OMELETS TO ORDER CORNED BEEF HASH / PORK SAUSAGE LINKS BUTTERMILK PANCAKES BEEF & LAMB GYROS HERBED LEMON GARLIC ROASTED POTATOES ROASTED VEGETABLES | 365 260 189 350 | OVEN FRIED CHICKEN BROWN GRAVY APPLE CRANBERRY STUFFING GARLIC MASHED POTATOES CAJUN MUSHROOMS GLAZED ROOT VEGETABLES CHEDDAR BISCUITS | 326 260 325 190 160 160 |
| S U N D A Y | FRESH FRUIT CREAM OF WHEAT ASST. TOPPINGS EGGS & OMELETS TO ORDER BOILED EGGS TURKEY SAUSAGE LINK PORK SAUSAGE LINKS HOME FRIES WAFFLES W/ BUTTER & SYRUP | VARIABLES 110 VARIABLES VARIABLES 78 180 180 151 210 | EGGS & OMELETS TO ORDER TURKEY SAUSAGE LINK / PORK SAUSAGE LINKS WAFFLES W/ BUTTER & SYRUP GRILLED HAM & CHEESE W/ TOMATO SOUP TATER TOTS MALIBU BLEND VEGETABLES | VARIABLES 320/180 210 350 165 132 350 | BEEF STEW BUTTERED EGG NOODLES MASHED POTATOES STEAMED BROCCOLI BRAISED BRUSSEL SPROUTS HOT DINNER ROLLS | 320 VARIABLES 215 98 45 80 |

Week 6

The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service.

Submitted By:

CSC E. S. Sanchez
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Reviewed By:

CSCS N. E. Mogan
Food Service Officer

Approved By:

Captain J. D. Burch
Commanding Officer