

| TRACEN Petaluma Haley Hall Dining Facility | | | | | | |
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| 02FEB26 - 08FEB26 | | | | | | |
| 6 | BREAKFAST | Calories | LUNCH | Calories | DINNER | Calories |
| M O N D A Y | FRESH FRUIT | VARIES | CHICKEN AND RICE SOUP | 220 | KOREAN SPICY PORK | 350 |
| | CREAM OF WHEAT | 110 | SEARED SALMON | 220 | LO MEIN NOODLES | 214 |
| | ASST. TOPPINGS | VARIES | PAPRIKASH CHICKEN | 300 | CALROSE RICE | 325 |
| | EGGS & OMELETS TO ORDER | VARIES | RICE PILAF | 200 | STEAMED EDAMAME | 150 |
| | BOILED EGGS | 78 | ROASTED RED POTATOES | 120 | SWEET CHILI BOK CHOY | 77 |
| | CHICKEN SAUSAGE LINKS | 180 | GRILLED EGGPLANT | 120 | | |
| | PORK SAUSAGE LINKS | 180 | SAUTEED BRUSSEL SPROUTS | 30 | | |
| | BREAKFAST LATKES | 151 | <u>PLATED ALTERNATIVE</u> | | | |
| | WAFFLES W/ BUTTER & SYRUP | 210 | <u>GRILLED CHICKEN W/ QUINOA SALAD</u> | 350 | | |
| | BACON AND CHEESE QUICHE | 320 | (VEGETARIAN ALT.) | | | |
| T U E S D A Y | FRESH FRUIT | VARIES | MEXICAN STREET CORN SOUP | 110 | SPAGHETTI & MEATBALLS | 500 |
| | OATMEAL | 158 | CHIPOTLE CHICKEN | 275 | ROASTED FINGERLING POTATOES | 135 |
| | ASST. TOPPINGS | VARIES | PORK CARNITAS W/ TORTILLAS | 300 | STEAMED BROCCOLINI | 120 |
| | EGGS & OMELETS TO ORDER | VARIES | FRIJOLES DE OLLA | 180 | ITALIAN BLEND VEGETABLES | 165 |
| | BOILED EGGS | 78 | CILANTRO LIME RICE | 211 | GARLIC BREAD | 92 |
| | BACON / PORK SAUSAGE PATTIES | 92/180 | ELOTE ASADO (CORN) | 302 | | |
| | HASH BROWNS | 180 | COTIJA ROASTED MEXICAN VEGETABLES | 110 | | |
| | FRENCH TOAST W/ BUTTER & SYRUP | 151 | TOPPINGS BAR | VARIES | | |
| | BISCUITS & SAUSAGE GRAVY | 210 | <u>PLATED ALTERNATIVE</u> | | | |
| | | | NACHO BAR | 350 | | |
| W E D N E S D A Y | FRESH FRUIT | VARIES | COCONUT LENTIL SOUP | 300 | BLACKENED CHICKEN W/ CREOLE SAUCE | 395 |
| | HOT GRITS | 142 | JAMAICAN BEEF STEW | 450 | STEAMED WHITE RICE | 280 |
| | ASST. TOPPINGS | VARIES | JERK CHICKEN | 335 | CARROT ALMONDINE | 241 |
| | EGGS & OMELETS TO ORDER | VARIES | STEAMED JASMINE RICE | 165 | ROASTED ASPARAGUS | 41 |
| | BOILED EGGS | 78 | RASTA PASTA | 298 | CORNBREAD | 121 |
| | GRILLED SPAM / CORNED BEEF HASH | 180 | CARIBBEAN BLEND VEGETABLES | 50 | BUTTERMILK BISCUITS | 210 |
| | STEAMED CALROSE RICE | 110 | TANGY KALE | 35 | | |
| | HOME FRIES | 210 | NAAN BREAD | 80 | | |
| | BLUEBERRY PANCAKES | 355 | <u>PLATED ALTERNATIVE</u> | | | |
| | CORNED BEEF HASH | 133 | SEARED SALMON W/ ROASTED ROMANESCO | | | |
| | BUTTER & SYRUP | | | | | |
| T H U R S D A Y | FRESH FRUIT | VARIES | CREAMY PESTO CHICKEN AND GNOCCHI SOUP | 310 | GRILLED TRI-TIP | 350 |
| | CREAM OF WHEAT | 110 | GRILLED CHICKEN W/ LEMON & GARLIC BUTTER | 380 | CHIMICHURRI SAUCE | 225 |
| | ASST. TOPPINGS | VARIES | SHRIMP SCAMPI | 275 | CILANTRO RICE | 214 |
| | EGGS & OMELETS TO ORDER | VARIES | HERBED PASTA | 367 | PATATAS BRAVAS | 110 |
| | BOILED EGGS | 78 | WILD MUSHROOM RISOTTO | 289 | BROCCOLINI W/ LEMON CRUMBS | 150 |
| | BACON / SPICY SAUSAGE LINKS | 92/180 | ROASTED CAULIFLOWER | 110 | RAINBOW BABY CARROTS | 77 |
| | GOLDEN HASH BROWN PATTIES | 180 | ITALIAN BLEND VEGETABLES | 85 | FRENCH BREAD | |
| | BUTTERMILK PANCAKES | 151 | GARLIC BREAD | 78 | | |
| | BREAKFAST SANDWICHES | 210 | <u>PLATED ALTERNATIVE</u> | | | |
| | | | BIMBAP | | | |
| | | | (VEGETARIAN ALT.) | | | |
| F R I D A Y | FRESH FRUIT | VARIES | SHRIMP BISQUE | 410 | ALICE SPRING CHICKEN | 310 |
| | OATMEAL | 158 | CATCH OF THE DAY | VARIES | BUTTERED EGG NOODLES | 180 |
| | ASST. TOPPINGS | VARIES | GRILLED NY STRIP | 704 | ROASTED SWEET POTATOES | 400 |
| | EGGS & OMELETS TO ORDER | VARIES | RISOLE POTATOES | 242 | CREAMED SPINACH | 186 |
| | BOILED EGGS | 78 | HERBED SAFFRON RICE | 230 | BRAISED BRUSSEL SPROUTS | 160 |
| | CHICKEN SAUSAGE LINKS | 180 | CANDIED GINGER ROOT VEGETABLES | 35 | HOT DINNER ROLLS | 80 |
| | PORK SAUSAGE LINKS | 180 | YELLOW SQUASH PROVENCAL | 55 | | |
| | POTATOES O'BRIEN | 151 | STEAMED CRAB LEGS | VARIES | | |
| | FRENCH TOAST W/ BUTTER & SYRUP | 210 | | | | |
| | BREAKFAST BURRITOS | 320 | | | | |
| S A T U R D A Y | FRESH FRUIT | VARIES | EGGS & OMELETS TO ORDER | 365 | OVEN FRIED CHICKEN | 326 |
| | HOT GRITS | 142 | CORNED BEEF HASH / PORK SAUSAGE LINKS | 260 | BROWN GRAVY | 260 |
| | ASST. TOPPINGS | VARIES | BUTTERMILK PANCAKES | 189 | APPLE CRANBERRY STUFFING | 325 |
| | EGGS & OMELETS TO ORDER | VARIES | BEEF & LAMB GYROS | | GARLIC MASHED POTATOES | 190 |
| | BOILED EGGS | 78 | HERBED LEMON GARLIC ROASTED POTATOES | | CAJUN MUSHROOMS | 160 |
| | BACON / MAPLE PORK SAUSAGE LINKS | 92/180 | ROASTED VEGETABLES | | GLAZED ROOT VEGETABLES | 160 |
| | HASH BROWNS | 180 | | | CHEDDAR BISCUITS | |
| | BUTTERMILK PANCAKES | 151 | | | | |
| S U N D A Y | FRESH FRUIT | VARIES | EGGS & OMELETS TO ORDER | VARIES | BEEF STEW | 320 |
| | CREAM OF WHEAT | 110 | TURKEY SAUSAGE LINK / PORK SAUSAGE LINKS | 320/180 | BUTTERED EGG NOODLES | VARIES |
| | ASST. TOPPINGS | VARIES | WAFFLES W/ BUTTER & SYRUP | 210 | MASHED POTATOES | 215 |
| | EGGS & OMELETS TO ORDER | VARIES | GRILLED HAM & CHEESE W/ TOMATO SOUP | 350 | STEAMED BROCCOLI | 98 |
| | BOILED EGGS | 78 | TATER TOTS | 165 | BRAISED BRUSSEL SPROUTS | 45 |
| | TURKEY SAUSAGE LINK | 180 | MALIBU BLEND VEGETABLES | 132 | HOT DINNER ROLLS | 80 |
| | PORK SAUSAGE LINKS | 180 | | | | |
| | HOME FRIES | 151 | | | | |
| | WAFFLES W/ BUTTER & SYRUP | 210 | | | | |
| | | | | | | Week 6 |
| The Food Service Officer is authorized to make changes to this menu when, due to unusual or unforeseen circumstances, it may be necessary to provide substitutions for food items not in stock or to permit the timely use of perishable foods. Assorted beverages, desserts, and breakfast pastries are available during meal service. | | | | | | |
| Submitted By: | | | Reviewed By: | | Approved By: | |
| CSC E. S. Sanchez Dining Facility Supervisor | | | CSCS N. E. Mogan Food Service Officer | | Captain J. D. Burch Commanding Officer | |